

### **Training camp information**

The Miskolci Judo Club will organise this year again the traditional summer training camp in Miskolc under the professional guidance of **Szabina Gercsák**.

- Age Group:** from U10 to senior
- Date :** 2024. augusztus 12-16.  
It will start on the 12th with a morning training session and lunch and end with a morning session and lunch at the 16th.
- Place :** Rendvédelmi Technikum , Miskolc, Szentpéteri kapu 78.  
Accommodation, meals and training facilities are within a few metres.
- Cost :** 40.200.- Ft  
include accommodation  
3 meals a day  
judo trainings on 700 square meter tatami  
use of the outdoor running track and fitness park

The nature of the camp is basically combative. We are planning a morning run and gymnastics and 2 judo trainings a day.

Miskolc has a wide range of facilities about what we can give more information on the spot.

If you are interested please fill in the attached letter of intent and send it back to us until the 30th of June 2024 to the following email address:

**e-mail: [info@miskolcijudoclub.hu](mailto:info@miskolcijudoclub.hu)**

**Nagy László +36 30 338 2509**

Best regards

Miskolc, 2024. 02. 05.

Nagy László Camp leader